# Here's Why New York Businesses Want to Be on the MINDBODY App

New York fitness studios and gyms powered by MINDBODY can reach more new clients per month than any other fitness platform. Learn how fitness businesses in New York are tapping into a strong network through the MINDBODY app—and spreading wellness in their communities.

> Listing your business can help you can broaden your customer base and boost your revenue. Here's how.

### Why the MINDBODY app?

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MINDBODY app users book over 273,000 classes and appointments each month with our clients in New York City.<sup>1</sup>



The MINDBODY app brings on average over 14,400 new customers each month to our New York City clients.<sup>1</sup>



### Who in New York City loves exercise?



day Jun 24, 2019 from 9:45am - 11pm

Explore MINDBODY

Your Favorites

Aero Yoga & Fitness

SCHEDULT

Last Minute Offers SEE ALI

Pure Strength

Zen Yoga Morning Vatalie's Yoga - 0.4m w/ John Masor

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Zen Yoga Morning

Vatalie's Yoga - 0.4mi W/ John Max \* \* \* \* 2 D8 re

Zen Yoga Morning

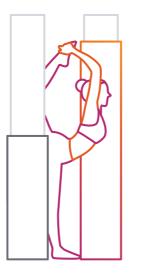
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9:45am

#### 37% of New York City's general population say they make exercise a priority.<sup>2</sup>

#### Comparatively, 73% of New York City's MINDBODY app users say they make exercise a priority.<sup>3</sup>





#### 46% of the general population

works out at least three to four times per week.<sup>2</sup>

That figure increases to 78% for MINDBODY app users.<sup>3</sup>

### New Yorkers like group fitness. MINDBODY app users love it.



43% of New York City's general population attend group fitness classes at



least once a week on average.<sup>2</sup>



Meanwhile, 95% of New York City MINDBODY app users do the same.<sup>3</sup>

# especially MINDBODY users.



# to support an active lifestyle.







The MINDBODY app connects your business with people in your area looking to book their next workout. MINDBODY app users are investing money and time in being healthier—and your business can help them reach that goal.

To schedule a demo and learn more about the software and app, visit https://www.mindbodyonline.com/fitness

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1. Data reflects monthly average MINDBODY app usage from October 1, 2016 through September 30, 2018

2. November 2018, MINDBODY Wellness Index U.S. Study (October 26-November 12, 2018)

3. April 2018, MINDBODY Consumer New York City Profile (March 23 and April 9, 2018)